



**Klinik im LEBEN**

Integrative NaturgemäÙe Medizin



**BioCheck im LEBEN -  
BioCheck in LIFE**

holistic diagnostics and  
preventative medicine

Europe's leading hospital for natural,  
biological and integrative medicine

# New ways to experience health

Vitality is the basis for our personal well-being and our everyday performance, be it in private or professional life. Biological medicine evaluates health and vitality holistically, by joining the analyses of all levels of the human organism into the diagnostic procedure – the levels being the body, the mind and the soul.

Our conviction and our experience is that health is not merely the absence of ailments, but the result of an individual developmental process and of a state of integrated well-being. We therefore explore how healthy you are and not whether you are healthy. We aim at supporting you in gaining a new understanding of how to preserve or recover your health.

We have developed a holistic diagnostic concept which allows you to come to a deeper understanding of the influential elements of health and their effects on your well-being and performance. This concept was the birth moment of BioCheck im LEBEN (meaning in LIFE).



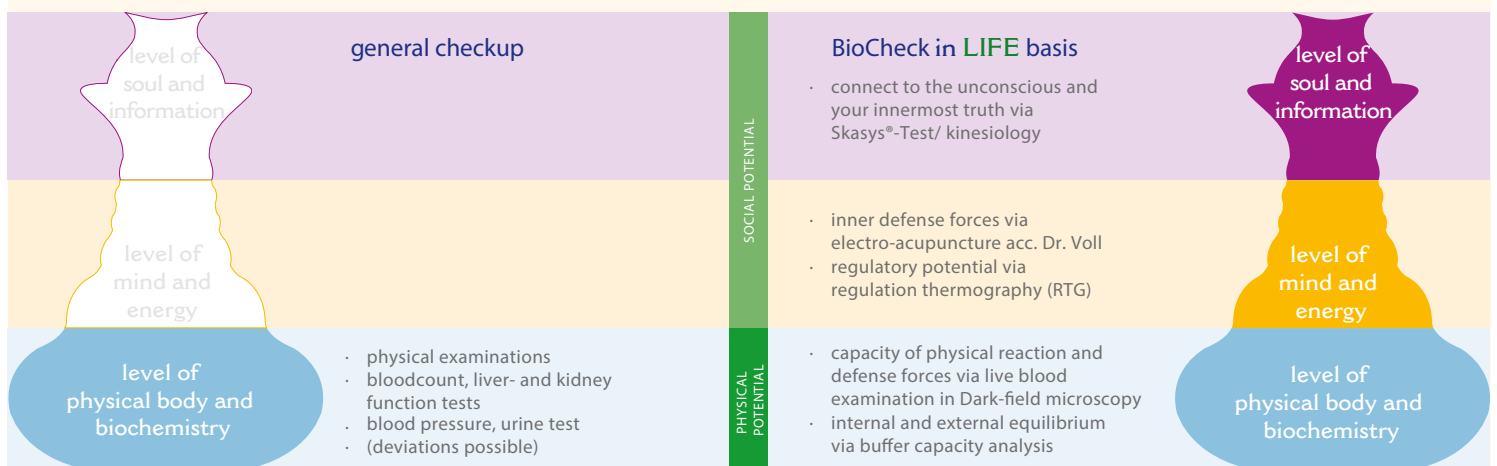
## Health – when all levels of life are in balance

To us, “to be in LIFE” means to live a life full of love, appreciation and human touch. Our holistic health concept encourages a multi-faceted health-consciousness with the individual human being and its natural environment at the center.

BioCheck in LIFE is based on detailed functional and performance diagnostics. It uniquely combines established diagnostic methods and produces a revealing and significant entirety of results which focus on all levels of human life, the levels of the body, the mind and the soul. The various diagnostic methods help us identify the root cause of manifest complaints, being the first step in developing an individual treatment concept together with you. The aim of our diagnostic check is to assist you in utilizing your vital potential to realize a healthy and holistic lifestyle. The necessary background information is provided by the diagnostic check.

You will find the details and the holistic approach of the diagnostic tests explained on the following pages.

*Health begins where you greet all life with respect,  
care and awareness.*





## Nature & knowledge

Each cell is a universe in itself and contains all elements of life in its core



### **Internal and external balance – buffer capacity analysis (Buffy-Test)**

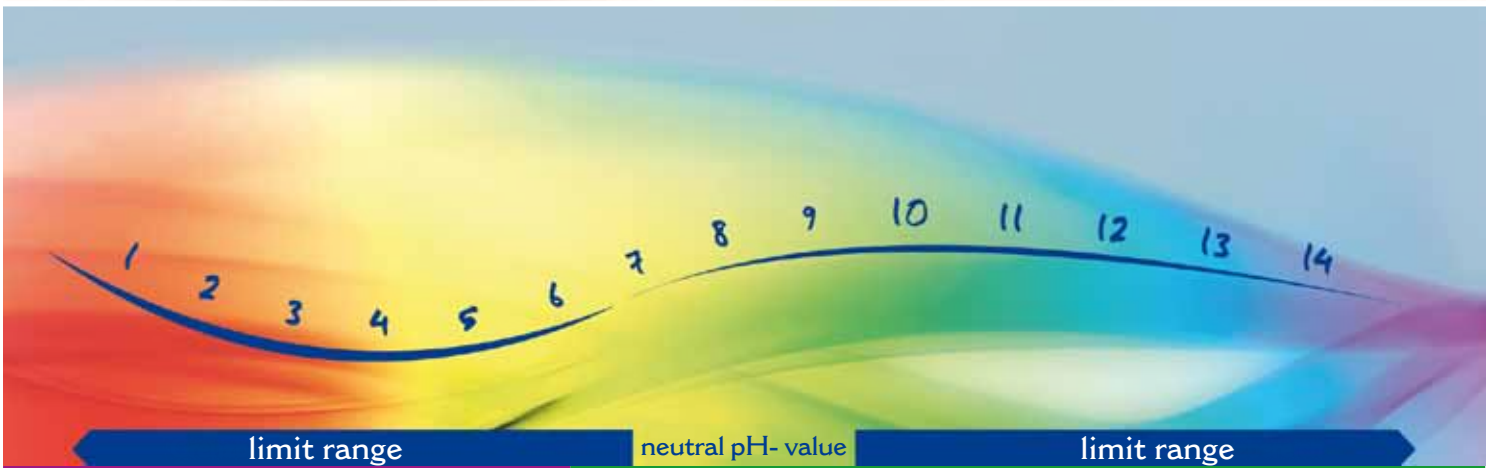
This test assists us in the analysis of the current state of the acids – bases – balance in your body. Unknowingly, many people suffer from chronic acidosis which can cause many diseases. Reasons for chronic acidosis are e.g. digestive disorders, lack of bases or malnutrition. The capacity to neutralize (i.e. to buffer) excess acids by means of blood cells and plasma is depicted in the results.

### **Energy flow and biological age – bioelectronics acc. Prof. VINCENT (BEV)**

The body fluids are analyzed from a physico-chemical perspective. pH-value, redox potential and electric resistance are determined from blood, saliva and urine samples. This test can determine the risk of thrombosis, deviations in the mineral balance as well as the activity of your physical defense forces and the capacity of the immune system.

### **Detect free radicals – the OxyStress-test**

Our body produces free radicals in order to neutralize bacteria and viruses. Environmental pollution, radiation and stimulant drugs can however increase the level of free radicals. If the amount of available antioxidants is too low to neutralize excess free radicals, aging accelerates and decreases defense forces. The OxyStress-test measures the oxidative load on the body easily and fast.

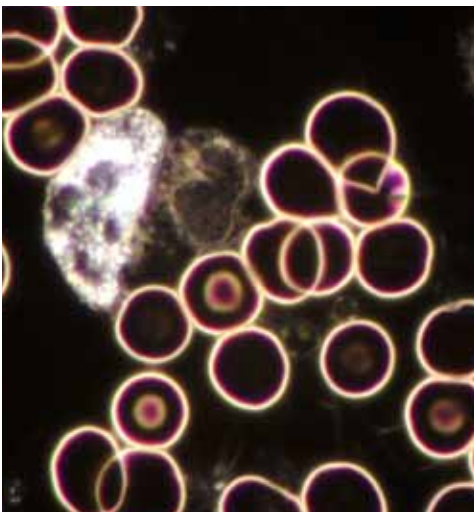




## Biological

“Blood is a juice of very special kind”

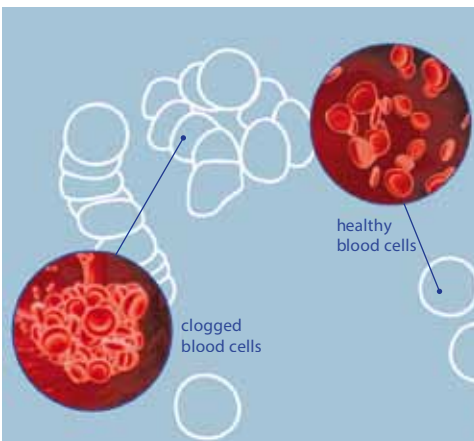
J.W. von Goethe



live blood examination in the microscopic Dark-field

### **Analysis of capacity of physical reaction and natural defense forces – live blood examination in Dark-field microscopy**

A drop of fresh blood is analyzed qualitatively under the Dark-field microscope. Delicate structures in the blood cells and their surroundings become visible to you and our specialists. This method is utilized to determine the activity of the defense cells and to identify metabolic imbalances and toxic loads. Deficiencies, chronic illnesses, impairments of the immune capacity and even the tendency toward malign degeneration become apparent at an early stage which allows appropriate measures to be taken in time. This analysis is furthermore used for monitoring purposes after a completed course of treatment.



### **Velocity and flexibility of the blood flow – viscosity analysis**

The speed of the blood flow can decrease when the blood is too thick – often observed when the body lacks water. But it is not only a lack of fluid that causes thick blood – various diseases, as e.g. liver diseases, can cause a slowing blood flow. The viscosity analysis determines the flexibility and texture of the blood. If a decreased velocity is registered, the blood flow can be enhanced by treatments such as the haematogenous oxidation therapy (HOT), which provides the blood with fresh oxygen and improves the blood flow throughout the vascular system.



## Vitalfare

“Let food be thy medicine”

Hippocrates



### **Individual bioavailability of trace elements and minerals & toxin analysis – Zellcheck**

The cell check (Zellcheck) is based on spectral photometry and enables dependable and reproducible measurements of the most significant minerals, trace elements and toxic substances (e.g. heavy metals) enclosed in the cells.

### **Your individual sources of energy – Metabolic Typing**

This nutritional concept assumes that each individual processes food differently and thus there cannot be one diet that fits all. We determine which metabolic type you are in order to recommend the ideal combination of protein, carbohydrates, fats and micronutrients for your individual and vitalizing nutrition.



### **Enhanced quality of life thanks to dietary counseling**

Personal solutions for a healthy diet are developed together with our patients in dietary counseling. The counseling focuses on eating habits and suitable dietary choices instead of standardized diets, as nutrition and digestion are key factors for better health.



## Energetic – dynamic

The soul as the source and the guiding principle of your vital body.



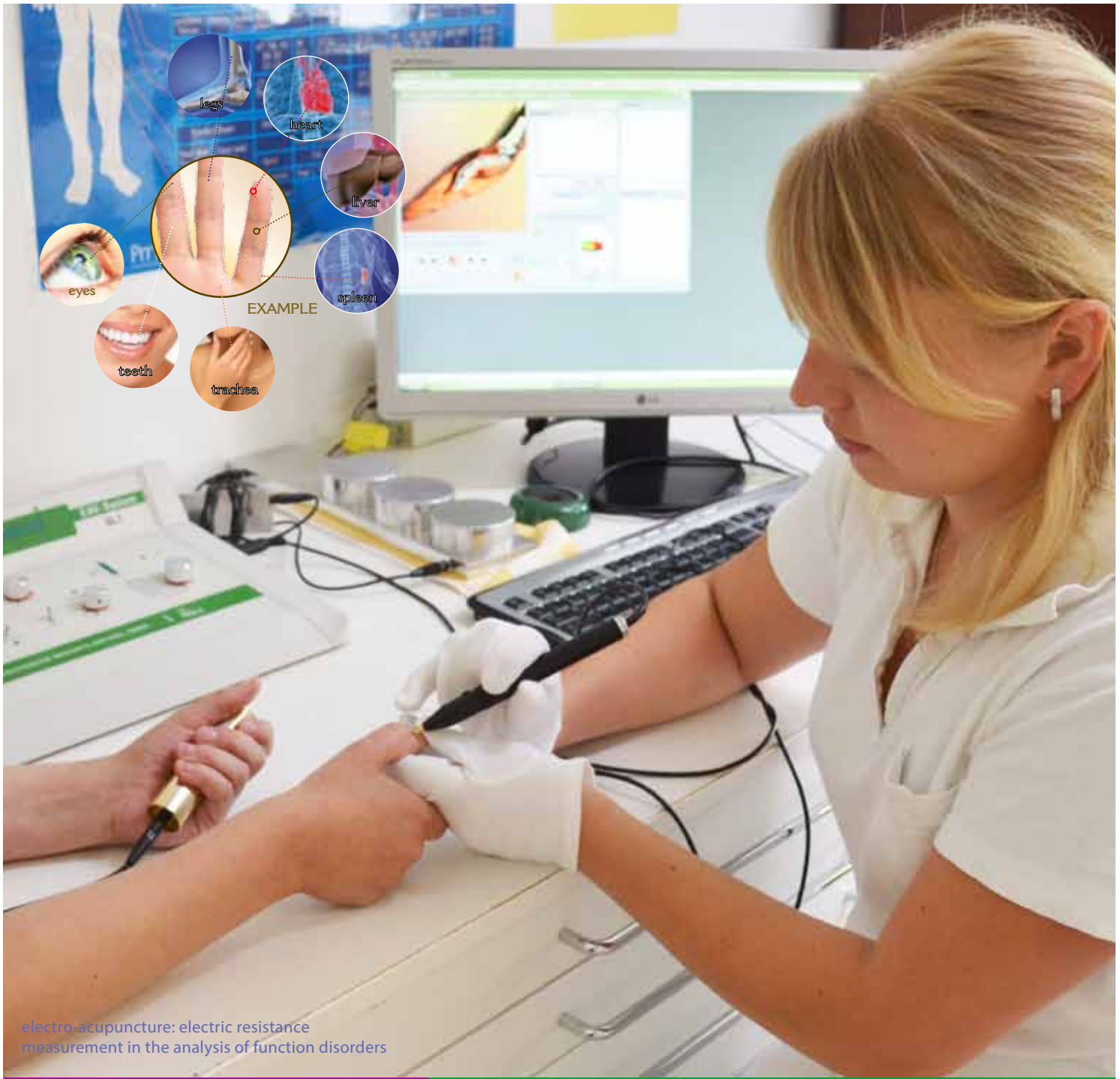
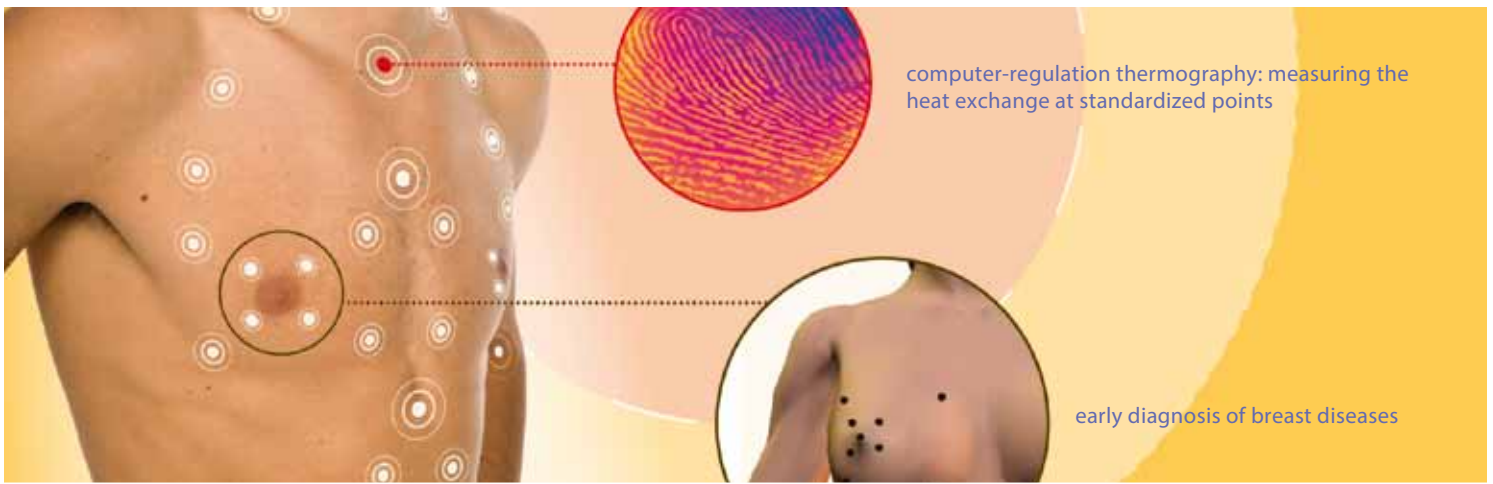
### **Regulatory potential and early diagnosis – computer regulation thermography (RTG)**

Computer regulation thermography measures the temperature of the skin at defined, standardized points with ultra-sensitive probe heads prior to and after a period of cooling down. The body needs to regulate its temperature while cooling, meaning deviations in regulation are indicative of regulation disorders. This method allows to diagnose functional disorders, beginning illnesses or hidden causes of disease at an early stage. RTG furthermore constitutes an alternative to mammography in early diagnosis of breast diseases.

### **Inner defense forces – electro-acupuncture acc. Dr. Voll**

Measuring the electric resistance at important acupuncture points sheds light on dysfunctional processes with an extremely high sensitivity and therefore exposes inner disorders. The efficacy of beneficial drugs, vitamins and minerals is determined as well as the impact of toxic substances, e.g. bacterial toxins or environmental toxins. This bioelectric diagnostic test is furthermore used to identify interference fields and their distance effects.







## Be in tune – with yourself

Draw new energy and  
take an active role in healthcare

### Find your inner rhythm – heart rate variability (HRV)

HRV is an automatic measurement and interpretation of deviations in the rhythm of the heartbeat. HRV is used to evaluate the balance of the autonomous nervous system. Excessive stress, which the heart reacts to sensitively, may lead to malfunctioning of the entire system.

### Status quo and feasibility analysis – achievement potential and motivational impulse

The test results are explained to you in detail and summarized in overviews additionally. We give you detailed recommendations concerning recommended drugs, biological remedies and supplements which your body and mind benefit from at the current moment. The main focus is to harmonize your physical, psychological and energy systems and to increase your achievement potential. Our goal is to help you raise your level of insight into your health status and support you in keeping up your motivation to take an active role in your healthcare.



*" Joy accompanies life like a melody. The mind  
is its composer, the heart its conductor,  
and the soul keeps the rhythm."*

*Diana Denk*





## Self – respect

Movement, cheerfulness, love, dedication –  
the holistic key to health!



### **Personal inventory and heightened awareness – anamnesis and holistic integration**

We take time to carry out a careful anamnesis and listen to you attentively. Together, we evaluate your ideal health status and draw connections to your levels of life. We pay attention to internal and external sources of irritation and to the chronological development of complaints. Pre-existing test results of standard medicine are considered in this evaluation.

### **Connect to the unconscious and your innermost truth – Skasys®-Test/ kinesiology**

Various biofeedback methods convert electromagnetic sound signals (questions) into nearly-acoustic waves which are transmitted to you. The body reacts to these translated questions, partly unconsciously, by changes of the pulse. The test strikes with its large diagnostic scope and determines the causes of malfunctioning on all biological levels and identifies the level which is in most need of treatment.

### **Emotional status and corresponding action/reaction – Lüscher Color Diagnostics**

The color test according to Prof. Max Lüscher is an objective test to understand the emotional status and its corresponding actions and reactions. Sources of inner conflict and emotional loads which may eventually lead to physical complaints become visible. We evaluate the results with you and provide a therapeutic approach and motivation to achieve a harmonious balance.

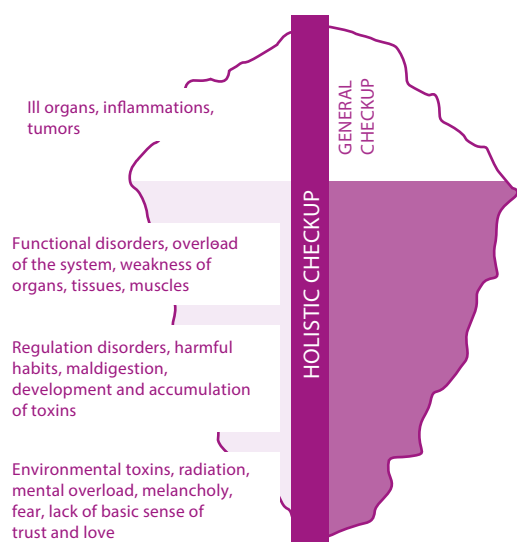
*"Each human being already contains the most important and valuable solutions in itself"*

*Sabine Jankuhn*



# Stability – of your heart

Connect with self-awareness  
and your inner sense of self




## Open up, breathe deeply, allow the warmth of your heart to radiate – Quantec®

Each organism is surrounded by a so-called “biofield” which directs the growth and development of the organism and coordinates the interaction of its parts. Illnesses and dysfunctions also reveal themselves in a disrupted biofield. State-of-the-art technology analyzes your biofield based on quantum physics technologies. Weak spots and causes of illness are identified by a computerized comparison of your values with information in data banks. In case of disturbances, the system balances your organism.

## Fast and precise detection of psycho-emotional blockades: MindLINK®

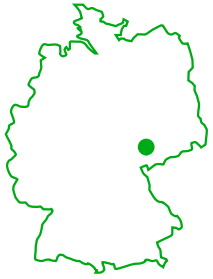
We all know blocking feelings and thoughts such as “I can’t do it” or “I don’t like myself”. Such negative programming of the psyche consolidates in the unconscious, may lead to blocked emotions and decreases our emotional stability and mental well-being. The effects reach as far as our physical health. MindLINK®-technology is a patented data bank which detects such blockades fast and precisely in order to determine the blockades responsible for psychological or physical symptoms. This technology lays the foundation for talk therapy and also assists in decreasing fears, phobias or substance abuse issues.

A close-up, profile view of a person's face, partially obscured by a bright, starburst light flare. The background is a soft, purple and pink gradient.

*" From the heart itself  
must pour what will  
influence the heart."*

*J. W. von Goethe*





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42 ct./min. from mobile network)

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